

# WSLSC NEWS



## FEBRUARY 2019

Summer is always a busy time for our club, with active patrols, nippers, competition, training, the pool open and generally just a lot going on! To keep everything going takes a lot of volunteers and we appreciate everybody that donates some of their valuable time to support all the work that our club does.

We'd like to say good luck to all competitors as they head off for state finals in Lorne and Warrnambool. We know that you will all try your best and do Williamstown proud!

We hope to see many of our members on the beach and around the club this weekend for our rescheduled WOW open water swim. It is looking like it will be a busy day with lots of you either taking on the swim or volunteering. We'll have a full report in the next newsletter.

Thank you again for all your great work in keeping beach goers and our own members safe. Enjoy the rest summer and see you all on the beach.

Best wishes for 2019.

Warm Regards, WSLSC Committee

### TIM WATTS VISITS OUR CLUB

We were fortunate to have our local Federal Member of Parliament (Member for Gellibrand), Tim Watts visit the club last week. The club had been a recipient of a grant from the Gellibrand Stronger Community Grants which helped fund the new club gym. Tim has supported the club for many years including helping fund the replacement of the old pool pump.



## CONGRATULATIONS

### National Pool Lifesaving Championships

Congratulations to Tom Frisby (State Team), Brydie Logan and Thomas Fishley (Development Team), who represented Victoria at the National Pool Lifesaving Championships in Sydney in January. All achieved personal best times and improved their skills. Tom Frisby came home with 2 gold and 2 silver medals, and Brydie won 2 bronze medals. They were very excited to be part of the Victorian Team coming 2nd overall in the Championships after NSW and are very grateful for the support of WSLSC



### Ocean Six

Congratulations to Jessie Coulson on his recent third place in the ocean swim on the Gold Coast. The Ocean Six competition is the highest level of competition for life savers in Australia (and perhaps the world). It is rare for a Victorian to finish in the top 10, let alone feature on the podium. The achievement is the result of a lot of hard work from Jessie with many members seeing him down at the club training nearly every day. Well done Jessie.



## CLUB CENTENERARY

The countdown is on Williamstown Swimming and Lifesaving Club will be celebrating 100 years in 2020. We are looking for people to join a planning committee to organise our celebrations. For more information contact Kaye Tomkins via [info@williamstownslsc.org.au](mailto:info@williamstownslsc.org.au)

## COMPETITION

### Juniors

The weather has been playing havoc with junior carnivals, at Mt Martha all water events were cancelled, and Cosy Corner was called off entirely due to the forecast of extreme temperatures. Well done to everyone that has competed in Junior Lifesaving Carnivals over the summer. It has been great to see our nippers out there doing their best. Note that the Apollo Bay carnival has been relocated to Lorne and the State Championships, also at Lorne are on 23 & 24 February. Congratulations to all that have qualified for specific events at the State Finals and good luck to all competitors. Go Willy!

It was great to see our U10/11 and U12/13 2 person rescue and resuscitation teams competing at Mordialloc. Well done to Maddie & Lexi, Tash & Sinead, Sahara & Hayden and Evie & Chelsea on competing in what is a very technical event.

### Seniors

January and February have so far been a great year for our senior competitors, with attendances at Anglesea, Torquay and Mordialloc. Our senior competitors range from youth U14 up to Masters, with amazing performances across the board. We would particularly like to welcome Brad and Paul to our senior team, who helped form an open Men's taplin team at Mordialloc. Thanks to Darren, Tom, Nick, and Angus for making up the rest of this team and coming an impressive 2nd. Pennants were coming in fast with wins in the open men's ski relay, U19 surf race, U15 2km beach run, U15 beach relay and U15 5 person rescue and resuscitation.

If you are interested in training and competing at senior carnivals kept watching Team App for training times and carnival entries.



## POOL OPENING HOURS

Now that schools have returned, we have decided to update our pool opening hours to 4pm - 7pm on days above 25 degrees. We will monitor pool attendance and extend the hours if we notice a need for longer hours.



## WOW CHALLENGE UPDATE



### WOW water safety required

We are currently looking for additional Bronze Medallion & Surf Rescue Certificate holders to assist with water safety for the rescheduled WOW swim, on Saturday 9 February. If you're available to assist, please indicate your availability via the following form: <https://goo.gl/forms/ADcU1EOzT10f4m573>

### Like us, share us!

Our WOW Challenge social media promotional videos are being seen by thousands of Victorians. But we need YOU to share, like and comment on our Facebook and Instagram posts.

<https://www.facebook.com/WOWChallengeWilliamstown/>

## NIPPER NEWS

### Nippers is now back to finish off the season and we have a packed calendar right until the end!

Our annual Club Championships will be held on Sunday 17 February. A great morning where we put all the new knowledge and skills gained throughout the season to the test! There will be several beach and water events – everyone gets a chance to give it a go.

Our final session is on Sunday 3 March. We plan a fun day, with all the junior awards to be distributed. This will be an extended session with a BBQ on offer afterwards so save the entire morning.

Additional training sessions will run Mondays 5pm-6pm, Wednesday 5pm-6pm as usual. ALL nippers are welcome to come to these training sessions. Great for fitness and skills.

### Club Gear

Uniforms and Merchandise have arrived. Check out all the gear on our website. There are the new club T Shirts, track pants, trucker caps, and special deal Engine goggles as well as the regular range of hoodies, bathers and boardies. If you'd like to place an order for club gear or towels please email Sara Heath on

[merch@williamstownslsc.org.au](mailto:merch@williamstownslsc.org.au)

## SAVE THE DATE - NIPPER MOVIE NIGHT – FRIDAY 1 MARCH

Bring your nippers down for end of season movie night at the clubhouse on Friday March 1 at 6:30pm (for a 7pm start). Tickets are \$6 per child/adult, or for families - \$10 for two or \$14 for three or \$16 for four. Free popcorn, icy pole and fluoro wristband with each ticket. Parents can drop and run or stay and pay. BYO beanbags or floor cushions. Non nipper families most welcome. 8.45 pm finish and pick up

## SOCIAL AND FUNDRAISING NEWS

The club is currently at the end process of applying for a permanent limited liquor license (so we don't have to keep applying for temporary licenses). We currently have a small group of members with RSA to volunteer as barmen/ women. If you are over 18 years and interested in doing your RSA and getting some experience behind the bar, please send me a text with your details. Our next social drinks evening will be scheduled when the license comes through.

Upcoming events:

- Tin rattle for boardies - save the date Sunday March 24th (16 years and above)
- Morning walk/ run and BBQ - date TBC
- Nipper movie night – Friday 1 March

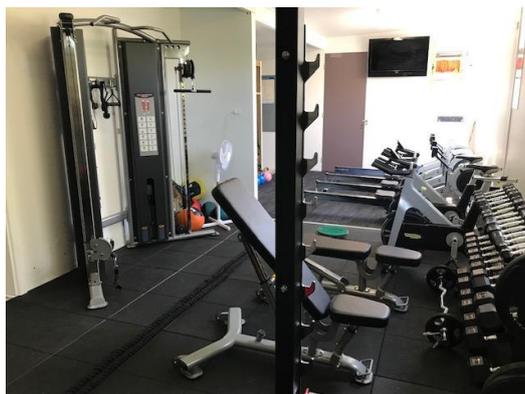
## FLOATING POOL

The club has recently been in discussions with Life Saving Victoria, Parks Victoria and Council about a potential trial of a floating pool in the water at Williamstown beach. LSV has been working on the design of an inflatable, 6 x 25m lane structure which could be temporarily anchored in the water. The aim of the project is to find ways to provide facilities for people to learn to swim and build confidence in the water. It is a very timely project given the number of drownings this summer. Further information will be provided to members as the project progresses further.

## GYM & FITNESS CLASSES

Have you been using our new gym? If not, it is free for all members (excluding children without supervision). Dave Ly from Top Boxing is in the process of preparing some generic programs for members to use to help them with a self-monitored program.

If you need a bit more motivation, why not come and try our Friday morning sessions from 6am. This is 45 minutes of strength and conditioning class guaranteed to get your muscles burning, and currently offering beautiful sunrises. There is also a small group that usually cools down with a short ocean swim. \$8 for members.



## SOCIAL MEDIA

The club achieved a mini milestone recently by attracting over 1000 followers on Instagram. The club uses Facebook, Instagram and the website as way to share club activities with members and the public. You can also help by following us on social media and liking the club posts (such as the recent visit from Tim Watts) as it also helps the club attract funding.



### Williamstown: 100 years a city exhibition

#### What's your connection with the Town Hall?

From Friday 1 February to Sunday 31 March we are collecting memorabilia about the social history of Williamstown Town Hall.

Williamstown was proclaimed a city in May 1919 and the Town Hall has been at the centre of social life since it opened in 1927.

Were you married there, attended a deb ball or concert, cultural festival, citizenship ceremony, graduation or other gathering? Do you have a fond memory of the Town Hall, a memento that you can contribute to the exhibition? A concert ticket perhaps, or a debutante dress, a program, election material, badge, photo, wedding invitation or cake topper, they all contribute to the story of a city.

To share your stories and memorabilia contact Pamela on 9932 1342, email - [library@hobsonsbay.vic.gov.au](mailto:library@hobsonsbay.vic.gov.au) or drop in to Williamstown Library.

Exhibition dates: 18 April to 19 May at Williamstown Library









 HOBSONS BAY LANGUAGE LINE 9932 1212  
[libraries.hobsonsbay.vic.gov.au](http://libraries.hobsonsbay.vic.gov.au)


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