

THE AQUANUT



YOUR MID SUMMER NEWSLETTER JANUARY 2023

WILLIAMSTOWN SWIMMING AND LIFESAVING CLUB, THE
ESPLANADE WILLIAMSTOWN P.O BOX 13, WILLIAMSTOWN,
3016

THE PRESIDENTS VIEW

*Claire
Howell*

Well, hasn't Melbourne's fickle weather turned it on (& off again)! We have seen beach goers descend on Williamstown from an ever-widening extent north, west and beyond - staying into the night to stay cool and enjoy our fabulous corner of the world. Our very own local Willy Willy (whirlwind) even dropped in for a visit right on top of our patrol tent leaving patrollers with a mangled structure but luckily no injuries (images later in this newsletter)

You may have seen some new faces wearing the red and yellow. A whole new cohort of SRC and Bronzies completed their training in December. Congratulations to you all and welcome to patrol.

Our volunteer patrols have had their work cut out with a busy start to the year. While our focus is the water, missing children, VicPol incidents and beach-based concerns are also managed. Many thanks to those off duty patrollers who jump in to help when the need arises. This teamwork is what makes our community so strong and Willi Beach such a great place to patrol.

WOW 2023



Photo
credit
Staeven
Vallak

With just 6 weeks to go until WOW 2023 It's time to pick your favourite event.

Registrations are now open online!

The WOW event has now settled into its new permanent calendar spot which means, no clashes with other club events and a much better chance of great weather.

- Would you like to volunteer? Call for volunteers coming soon – advance preparation, water safety, beach set-up and pack-down, marshalling, catering, admin, and more.
 - Mass starts for 1.2km event
 - Rolling starts for 2.5, 5, and 10km
 - 1.2km separate course
 - 2.5, 5, 10km events

All bar the 1.2km event, which has its own safe course, are on the familiar long course but in anti-clockwise direction giving a better chance of prevailing wind assistance on the long back straight.

For the first time the 10km has a wetsuit and non-wetsuit division which will allow non-wetsuit swimmers to have their result registered on the MSF website.

Don't miss WOW 2023. It's going to be Huge!

CLUB COMPETITION

Competition Update

Australian Pool Lifesaving Championships

The Australian Pool Lifesaving Championships have begun and will be held in Melbourne from 19th – 21st of Jan 23.

We are excited to have three competitors representing Williamstown and are also in the Victorian State Development Team.

Good Luck to Tom Frisby, Madison Sonogo and Noah Chapple as they compete over the coming days. If you are in the area head on over to MSAC to cheer them on.

Carnival Results and Highlights

Hampton Beach Carnival 16th December: 8th overall

Highlights: 1st Open Men 2km Beach relay. 3rd U14 women's beach flags

Junior Carnival Cosy Corner – 6th of Jan 2023: 9th overall

Highlights:

1st U13 Female Aqua Cameron

2nd U13 Male Aqua Cameron

1st U13 Female beach run

2nd U13 Female Iron

2nd U13 Male board race

1st U13 Male Iron and surf race

Senior Carnival Anglesea – 15th January 2023

Highlights:

4th – U13/14 Female Cameron

Surfboats

Ocean Grove – 18th December 2022

Five crews competed – Reserve women (WAGS, Whitecaps and Whirlybirds), U23 Men (Wetallica), Reserve men (Wingmen)

Results:

3rd Women's A Final – Williamstown WAGS

3rd U23 Male Final – Williamstown Wet n Wild

Fairhaven – 15th January 2023

Results:

2nd U23 Men – Williamstown Wet n Wild

3rd Men's B Final – Williamstown Woodabeens

3rd Women's B Final – Williamstown Whitecaps

Jim Wall Ironman

Nick Frisby, Tom Frisby, Jesse Coulson, Mahli McCarroll, Madigan Carroll and Noah Chapple all enjoyed a day of Ironman at Jim Wall in January.

A massive effort to all who competed in the sun and surf at Torquay.

Noah came 1st in the U13 Ironman. We are super proud of this achievement – Go Noah!

Mahli McCarroll and Madigan Carroll formed a team with Summer from Anglesea to take out in 1st place the board relay. Go Mahli and Madigan!

Club Results:

2nd – Madigan Carroll U13 Swim and Iron

2nd – Mahli McCarroll U13 Board Race

4th – Mahli McCarroll U13 Swim and Iron

2nd – Noah Chapple U13 Board and Swim

4th – Jesse Coulson Open Men's Ski

4th – Nick Frisby Open Men's Swim



It's a bird, it's a plane?! No, It's Noah Chapple and Mahli McCarroll competing at Pier to Pub. Noah and Mahli are inseparable and have spent their summer travelling the coastline of Victoria competing at various sporting events.

Upcoming Carnivals

Carnival Date

Junior Carnival – Mt Martha 29th January 2023

VSRL Open – Anglesea 29th January 2023

State Masters Championships 11th and 12th of February 2023

Senior Carnival – Lorne 12th February 2023

ASRL Open – Bulli 10th, 11 and 12th of February 2023

If you are interested in competing at any of these carnivals, please get in touch.

Lizzie McFarlane – competition@williamstownslsc.org.au



Nippers and junior activities

It has been a busy holiday period for the juniors with the highlight being a visit from Santa.

There is still lots to come - Nippers have an upcoming competition day on the 12th of February. There is a joint nippers day on February 19th in association with Altona LSC and a very special Emergency services day marking the end of the nippers season on Sunday 26th February.

Get involved!

Joel Godde



Beach and water access for everyone

There is a new booking system for the beach access equipment. Hobsons Bay council has added a new “accessible beaches” feature to their website.

Hire of the beach access equipment is free. If people arrive at the beach without a booking, there is a manual system in place for members to complete which lives in a file in the first aid room



*Forwarded via the council -
Thank you so much for looking
after David. We received the
following feedback from him:
'Thank you very much to
Hobsons Bay and in particular
Williamstown SLC for the
ability to take my near 90 year
old mum for a swim at Willi
Beach. This enabled her to
achieve one of her personal
bucket list goals for 2023.'*

BREAKING NEWS

WILLY WILLY @ WILLY

NOT QUITE A TRAIL OF
DESTRUCTION BUT DEFINITELY
A BIT OF A MESS AFTER A
MICRO CYCLONE HITS HOBSON'S
BAY.
PHOTO CREDIT TO ANITA
SMYTH AND MARCUS STACEY



WE WILL REBUILD



Spotlight on Noah Chapple



The newsletter is an opportunity to raise awareness of individuals and in this edition we spotlight Noah Chapple.

Unless you happen to be following the competition teams, either physically or on social media, you may not be aware of the amazing successes our members have had around the state.

Our younger competitors benefit from watching and training with some of our older stellar performers, whose input is invaluable.

One of our juniors who has raised eyebrows is Noah Chapple, who won the recent U13 Ironperson competition along with his impressive Willi team mates.

Noah was selected by LifeSaving Victoria to join the Victorian Pool U14 Development Team which has been training and competing together this week.

Quite the character around the club.

Beach library

Hobsons Bay Librarians Georgia and Laura had a blast at Williamstown Life Saving Club giving away free Childrens Books and signing families up for the BIG Summer Read.

The BIG Summer Read is a statewide reading program aimed at reducing children's slide in literacy skills over Summer and is open to children from 0-18 years.

Studies have found that children who receive and read free books over summer experience the equivalent of attending three years of summer school. We brought five boxes full of books to give away to the community! Thank you for supporting us in this unique outreach opportunity and chance to talk books in the salty air.

Georgia and Laura

BIG Summer Read

BIG Summer Read A Victorian State Wide Reading Program 1 December 2022 to 31 January 2023. What is it? Kids and Young People are encouraged to keep reading over the summer holidays with an incentivised program that uses Beanstack, a mobile app that rewards you for reading.

libraries.hobsonsbay.vic.gov.au



Brooke Alvar



I hope Brooke's quick story might inspire others who have struggled with swimming or may have anxiety around the open water. Brooke has taken that fear and is using it as motivation to become a fitter and stronger athlete. It's a joy working with someone who commits to the process and follows the program to mastering new skills.

Charlie Evans

- I started surf boat rowing in 2022 to supplement my current health and fitness routine.. fully aware of my discomfort in the water
- it has been a lifelong goal to overcome this fear, learn to swim, be confident in my own abilities and at ease in the open ocean
- It hasn't been easy to overcome my fear of the water but the Williamstown community have been amazing at supporting me through swimming lessons, always being patient with me, and keeping me motivated and encouraging me along my journey
- After only a few months I have achieved a few things that I never really thought I could; I am much more at ease in the water, technically a better swimmer, and close to achieving prerequisites for my bronze medallion

WANTED - MASTERS COMPETITORS

LSV Masters Championships is to held weekend of Feb 11-12 at Lorne. We have several campsites booked that can shared if anyone wanting to compete and stay the night and have some fun, would like to join us. It is fun weekend!

You need to have your bronze and a minimum of 16 patrol hours from 2022. Events include open water swim (approx 400m) and surf teams, sprint swim (tube swim approx 150m), beach sprint, beach run (2km) and relays, flags, belt and reel, board and board rescue, ski etc.

For more information please contact Sally on 0408 360 232, join us for a Mussels swim on a Sat morn 9.30am and chat after or board paddle on a Sunday morning.

Happy to organise belt and reel familiarisation for anyone interested!

Don't forget to look out and cheer on for our double gold State medallist March Past team who train on Saturday mornings - hoping to make it a triple at this year's Senior States February 22nd.



Above: The Annual Meeting being opened by Fred Thomas, Club President. Seated at left, the Mayor of Williamstown Cr. Peter Sadler.



Jack Meehan presenting Fred Thomas with a Life Membership medallion.

Below. Fred Thomas presents Tom Webster with a Life Membership medallion.

Below. Our retiring Sec. Scott Perram thinking how to fill in his spare time now that he has retired.



Right. John Doull presents the Financial Statement.



Left. The Mayor presenting Austin Stringer with the Club Championship trophy.



**FROM
THE
ARCHIVES**

43rd AGM at WSLSC, nothing much has changed. Do you remember or are you related to anyone in this image?

OUTSTANDING



Recent vouchers were awarded to some outstanding volunteers. The vouchers were in the form of movie tickets for The Sun Theatre in Yarraville and the recipients were:

Sarah Chibnall – who assisted with edging the pool area garden.

Liam Keogh – great assistance provided at the pool helping a young girl.

Jose Blasco – great feedback from a weekend patrol.

Bronnie (Bronwyn) Rowleson – helping with BBQ and Starfish Nippers and setting up Park Run Willy.

Jessica Thomas – Also helping with Starfish Nippers. Recent Bunnings BBQ, Silver Salties and general valuable hands-on approach.

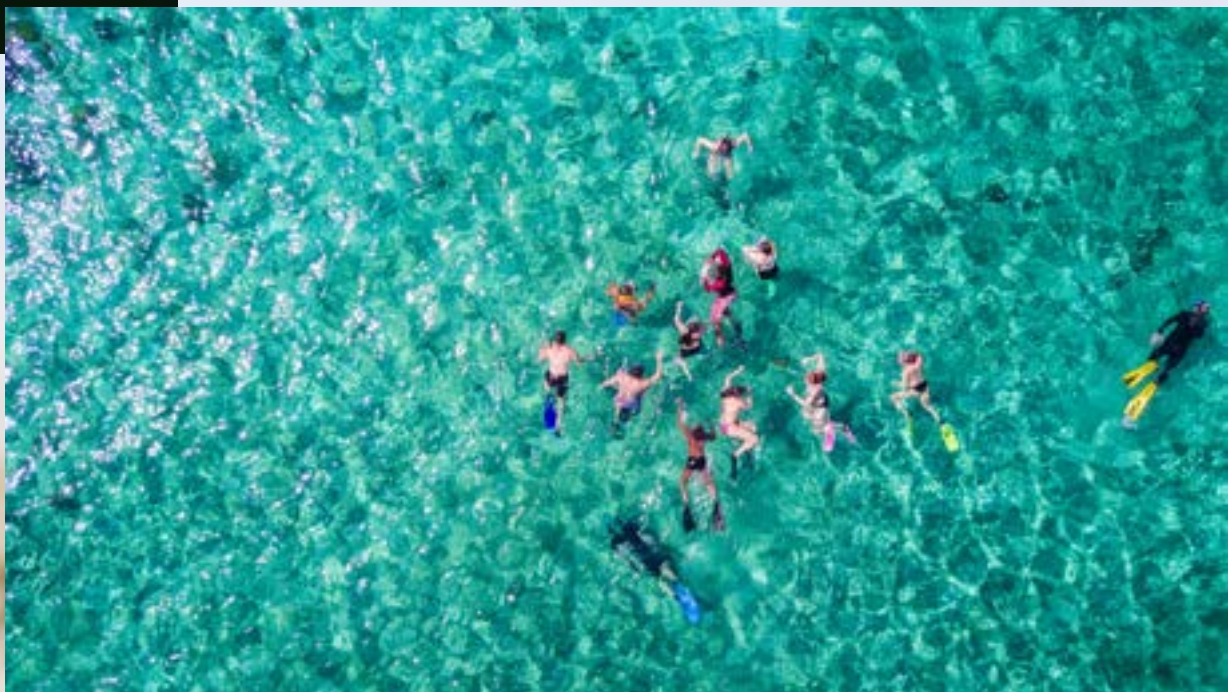
Obituaries

Vale Peter Bright
(22/02/1957 - 08/01/2023)

Peter David Bright was a very active member of the WSLSC throughout the 1970's and '80s. Peter was involved in all areas of the club and was vital to the club's progress during some difficult periods. Periods that included, low membership, very few patrollers and a pool which was closed for extended periods. No task was ever too much for Peter, he undertook everything from training to patrolling, club maintenance and a role as the club secretary from 1970-75. Peter was awarded a life membership in 1985.

Peter had the ability to do it all with enthusiasm and skill. While Peter had not spent much time around the club in recent years, he continued with his community work and was actively involved in the Footscray City rowing club right up until his unexpected death. Peter had also received a life membership from the rowing club. Our condolences go out to Sue, Davina and Declan and the broader Bright family who were also active members of WSLSC.

Liz Goga





**In Croatia they
have dogs as
lifeguards - just
saying!**

**Another huge thank you to our wonderful sponsors.
Check this list before booking your next project and if
you can, support these great companies and services.**

Port of Melbourne



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